



Parent / Player Handbook

Welcome to all participants and parents to the Granite Bay Jr. Grizzly Football and Cheer season. We hope that this season will be exciting and rewarding for everyone involved. The Granite Bay Jr. Grizzly (GBJG) program was established in 1999 and we hope to continue to build a strong tradition for excellence and success in the Granite Bay community. As a member of the Sierra Athletic Club (SAC) league, our organizations serve over 1,000 boys and girls in the greater Sacramento area.

The following information contained in the GBJG Handbook will provide both parents and participants with a general outline of the rules by which the program will be structured.

Our goal is to develop well-rounded young men and women who learn not only the fundamentals of football and cheerleading, but also the importance of education, sportsmanship, respect and cooperation, in an atmosphere conducive to developing a sound mind, body and character, while having some fun and a good time along the way.

One of our primary concerns is safety. Many of the exercises, drills and team rules are there to ensure your child is physically



and mentally fit for football and cheerleading. Each child is unique and will develop at his/her own pace. We hope that this season will help develop new skills and confidence for each child who participates in the Granite Bay Jr. Grizzly program.

With another new season upon us, you may at one time or another have questions in regards to a variety of different issues. Please feel free to contact a Board Member at www.gbjrgrizzlies.org and every effort will be made to provide you with the information you need.

GBJG Mission Statement

Junior Grizzly Football and Cheer are committed to excellence: motivating and challenging our athletes through a partnership of football players, cheerleaders, coaches, parents and community. Success for our athletes will be defined as the self satisfaction in knowing they have done the best that they are capable of doing. Our program will always be about our athletes – we want to build them up at all times. We will create and nurture an atmosphere where our athletes understand that a positive attitude along with their best effort and hard work mixed with a little fun are the keys to success; there are no gimmicks or shortcuts.



Guiding Principles

Football is a game of courage. A coach can do one of two things. He can encourage and nurture his players, or he can discourage and diminish what courage the players already possess. In Jr. Grizzly Football, we will encourage players and help them develop a courageous approach to life.

Football will always be about blocking and tackling. These basic techniques will be part of every practice. Ball handling and block protection will also be emphasized daily. It is the goal of GBJG to be the most fundamentally sound team on the field each week.

The "Fly" Offense will be the base offense for Jr. Grizzly Football. Our players will believe the "Fly" is something special and will have a great foundation as they move on to the high school level.

In Jr. Grizzly Cheer, team work will be stressed, as well as the fundamentals of cheerleading.

Jr. Grizzly Football & Cheer will lay the foundation for "Green Machine Magic." The community has embraced GBJG football and cheer. The players, cheerleaders, coaches, and parents will feel like they are part of something important and special.

GBJG coaches and parents will always model and teach integrity, respect and class in our program, on and off the field.



In GBJG, the cheer and football programs will support each other and recognize the importance of each program in the development of our "Jr. Grizzlies."

“It's a Great Day To Be a Grizzly.” This is the Grizzly motto, and it means let's have fun playing this great game called football, and participating in cheerleading. Do your best and don't sweat the rest.

Academic Goals

The GBJG program supports an academic policy requiring our student-athletes to perform in the classroom as well as on the field. Each participant must maintain an acceptable grade point average (minimum 2.0 or "C") and complete all assigned homework to be eligible to play in a game. If a participant does not satisfy our grade requirements, then s/he may not be eligible to participate in the season. In an effort to monitor this requirement, coaches may provide a form to the participant to take to school in order to allow teachers to provide a grade check at different times during the season. We would ask that parents support this effort in order to encourage academic success for every child.

Participant & Parent Responsibilities

[GBJG's Social Media Policy is attached at the end of this document.](#)



Participant's Responsibilities:

The participants in the Jr. Grizzlies program are expected to abide by a code of conduct that includes but is not limited to the following:

- Respect for volunteer coaches, team members, opponents, officials and other representatives involved with the GBJG program.
- Participants will take proper care of the equipment that is issued to them to use. Immediately notify a coach if the equipment becomes damaged.
- Weekly cleaning of equipment is required.
- The first two (2) weeks of practice are mandatory.
- Participants must notify their coach in advance if a practice is going to be missed. No exceptions!
- Good sportsmanship is mandatory.
- No vulgar language, tantrums, displays of anger or fighting will be tolerated. Any such actions will result in disciplinary measures and may include suspension/expulsion from the team.
- As members of the Granite Bay Jr. Grizzly program, the athletes must respect themselves and their teammates on and off the field. Whether in victory or defeat, they will conduct themselves with pride and poise.



- Always be willing to help your coach or teammate when required. This program is for you!
- All members are expected to take part in fundraising. This is what makes this program a success.
- In addition, voluntary fundraising opportunities may be offered to help offset the costs of registration, practice clothes, and cheer uniforms.

Parent Responsibilities:

The level of support given to a participant by the parents will have a measurable impact as to the success of each child. To better understand parents' roles and involvement in the program, we have developed the following guidelines and recommendations:

- Parents and visitors at practices, games and/or cheer competitions must stay in designated areas reserved for the spectators. Sideline areas, practice fields, track area, locker rooms, before and after game meetings are off limits.
- Parents are encouraged to cheer for their teams from the stands with enthusiasm but should never yell obscenities or derogatory remarks aimed at the players, coaches, officials or board members from either team, or conduct themselves in an offensive manner. As a result of such



action, a team can be penalized for unsportsmanlike conduct and the fan may be removed from the grounds.

- A large number of people are needed to help our program run smoothly. Parents are required to volunteer up to 10 hours during the season to help make the program run efficiently on game days.

**Consequences for no shows can be found on our Parent Volunteer Contract attached at the end of this document.

- It is the parent's responsibility to provide transportation to and from practices, games and other association functions. Do not be late.
- Parents should always maintain a cooperative attitude towards coaches, participants, officials and board members. Remember, all are volunteers for your child.
- Parents may not have discussions or approach coaches, trainers or instructors during a practice or a game. A phone call or e-mail after the game, before next practice, would be appropriate. Remember they are all volunteers. Please see a board member if you have a problem with safety during the game.

Practice:

Practices for both football and cheer will begin as advertised during your registration. The first two (2) weeks of practice are



mandatory. The first five (5) hours will be noncontact per SAC rules; for GBJG the time may be extended to ten (10) hours. In order to participate, each child must have the following completed and turned in to the Board of Directors:

1. Online registration forms and payment.
2. Medical Clearance Form signed by a certified physician and dated April 15th of the current year or later.
3. Football Players must provide their most recent Grade Card.
4. Athletes who did not participate with GBJG in the previous season must provide a copy of the player's birth certificate.

Missed Practices (Football):

- In the event you cannot be at a practice, it is mandatory that one of the coaches be notified prior to practice. The following penalties apply:
- Missing one (1) practice may prohibit the participant from starting the next game.
- A second missed practice during the same week may disqualify that child from playing in that week's game.
**Exception: prior arrangements made with the Head Coach and cleared with the Board of Directors.
- Five (5) missed practices over the course of the season may result in dismissal from the team. This will be



reviewed on a case-by-case basis between the Head Coach and the GBJG Board of Directors.

- Children not participating in a game for the above reasons are asked to attend the game, but will not dress in uniform (the player can wear his game jersey only).
- Exception for the above rules for those children missing practice due to Outdoor Education.
- Players should arrive ten (10) minutes prior to practice, ready to play.
- Football must take priority over all other extracurricular activities. Football Dress Code During the first week of conditioning, participants should dress in mandatory practice jersey with name on back, GBJG gym shorts, and league-approved cleats. After the first week, players will wear the equipment issued to them with the practice 9 jersey and white football pants with integrated pads. No jewelry or body piercing may be worn. Mouth guards are required at all times. Players should bring a large water supply to each practice.

Missed Practices (Cheer):

In the event a cheerleader cannot be at practice or a game, it is Mandatory that all of the squad coaches be notified via email and a phone call or text message with as much prior notice as possible. The following penalties apply:



- Missing two (2) practices overall typically prohibits the participant from cheering in the first half of the next game.
- Missing two (2) practices overall during the last six (6) weeks of the season may prohibit the participant from being eligible to participate in the comp routine (unless prior arrangements are approved with Head Coach and GBJG Board of Directors).
- Missing a game day with no prior permission typically prohibits the cheerleader from participating in at least the first half of the following game and may prohibit the participant from being eligible for the comp. squad and may be reviewed by the Head Coach and the Board of Directors for other appropriate action.
- Missing a game day with prior permission is still considered an unexcused absence (unless for the wedding or funeral of an immediate family member) and typically prohibits the cheerleader from participating in the first half of the following game and may prohibit the athlete from being eligible to participate in the year end comp routine or other appropriate action may be taken.
- If a cheerleader has numerous or chronic tardiness, absences or injuries during the season, this may result in prohibiting the cheerleader from participating and/or stunting in the season end comp. routine and the game day half-time routine.



- Five (5) missed practices overall (excused or unexcused) may result in dismissal from the squad. (In Cheerleading, there is no backup for a missing participant and this then prohibits the entire squad from progressing.) This will be reviewed on a case-by-case basis and the Board of Directors will be notified.
- If a member misses an important practice prior to a performance or competition, their spot in all and/or part of the routine may be replaced with another member.
- Missing practice due to “Outdoor Education” is considered excused.
- Prior arranged, court ordered custody arrangements are excused ONLY IF scheduled in advance with the coach and every effort made not to miss game days. Custody arrangements are not excused for competition dates.
- If there are multiple missed practices or games because of court ordered custody arrangements that will take the athlete beyond the five (5) absences in the season, a meeting will be held with appropriate board members to determine whether or not the athlete can continue in the program.
- Cheer practices, games and competitions must take priority over all other extra-curricular activities.

Attendance is extremely important in cheer because there are no extra teammates. Everyone has a designated position. Stunt



groups cannot practice, pyramids cannot practice, and dances are off even when just one cheerleader is absent. In addition, safety can become an issue when cheerleaders miss important instruction on form and technique. Due to the impact to the other athletes on the squad, attendance to all camps, practices, games and competitions is mandatory.

Members of the GBJG Board take the attendance policy and the fairness of its application very seriously. Any parent/family member, who chronically abuses the policy or is dishonest regarding their child's absence, may be asked to leave the program for the remainder of the season.

Cheer Dress Code:

1. Cheer practice: Mandatory purchase of cheer practice clothing required. No other attire is allowed to be worn at practice unless approved in advance by the Coach, Coordinator or VP of Cheer.
2. Appropriate athletic/tennis shoes are required for practice, and game-day shoes are a mandatory purchase.
3. Midriffs should not be seen.
4. Hair must be tied back in a ponytail, with no hair in the face.
5. Soft wrist/ankle braces or taping (without formed metal or plastic) are allowed if only for support or are medically required.



6. Nails must be cut so that no nail can be seen above the fingertip. Nail polish can be worn at practice, but is not allowed at games. NO false nails are allowed.
7. NO JEWELRY is allowed at any practice or game. Recently pierced ears are not an excuse for the required removal of all jewelry at all camps, practices, games and competitions.
8. Please bring a full water bottle, sunscreen, and beach towel to every practice.
9. Light make-up at Coach/Coordinator/VP of Cheer discretion. Face painting or tattoos are not allowed for games.
10. No facial or body piercing may be worn during practices, games, or competitions.
11. Hard casts can be worn with a valid doctor's release and proper soft wrapping.

Practice/Game Fields:

The practice/game field including the track is reserved for coaches, participants and instructors only. It is asked that parents, friends and siblings remain off the practice/game field at all times. Practice time is limited, so it is important that coaches have the opportunity to make the best use of the time allotted. If you must speak to a coach, please contact them before or after practice. Siblings should not be left at the field



without adult supervision and GBJG cannot assume responsibility for their safety.

Cheer: Cheer practices are closed for safety reasons.

Occasionally parents are invited to view practices to showcase a routine or under special circumstances arranged with the Coach/Coordinator/VP.

Equipment:

The Association will provide all necessary football equipment, with the exception of shoes or other personal type pads. The cost of this equipment is over \$500 per child. Upon issuance of the equipment, each parent and participant is required to sign an equipment contract outlining the cost for each item. Upon return of the equipment at the end of the season, an inventory will be taken and any missing or damaged equipment will be paid for at that time. Parents will also be asked to pay for any misused or broken equipment showing damage above normal wear. All equipment must be cleaned weekly and turned in clean and washed at the designated time and date. A cleaning charge may be issued. Please follow washing instructions carefully.

Purchase of equipment will NOT be accepted unless authorized by GBJG. All property of GBJG must be turned in. In addition, families that returned their equipment excessively late (defined



by the Board of Directors) will be required to provide a \$200 deposit before they are issued equipment for the next season (assuming they have returned the previous year's equipment). Outstanding equipment or balances due on damaged equipment may result in your child's ineligibility to participate in the following season until all monies due are received.

Refunds

Football:

In the very unlikely event that we are unable to place your child on a team, GBJG will refund the sum of the base registration fee and any upfront, opt-out fundraiser amounts. In the event that we are able or likely to place your child on a team, yet you want to request a refund, you may submit such request in writing to the GBJG Board using the refund request form on the GBJG website. The Board will take action on such a request within 45 days of receiving the request. Such refund requests may be granted in circumstances where good cause or special circumstances are shown.

While the GBJG Board reserves the exclusive right to determine the amount of the refund, it will generally follow the following guidelines in determining the amount of refunds where it decides that good cause or special circumstances exist:



- **Request received after registration but before attending the first day of practice.**
 - The tentative refund amount will be the sum of the following: (a) the base registration fee (b) any upfront, opt-out fundraiser amounts.
- **Request received after the 1st day of practice or conditioning camp but before the end of the second week of practice.**
 - The tentative refund amount will be the sum of (a) 65% of the base registration fee and (b) 65% of any upfront, opt-out fundraiser amounts, less a \$90 processing fee.
- **Request received after the second week of practice.**
 - The tentative refund amount will be zero (0).

In general, the GBJG Board will not consider any refund requests submitted after the second week of practice.

If the GBJG Board determines that the request is not supported by good cause or special circumstances, the refund amount will be zero.

Uniforms and practice wear are not eligible for refunds.

Where approved, refunds will be issued within one month of receiving back all equipment and other GBJG property (in good condition). The Board reserves the right to reduce the refund amount by any net unpaid balances.



Cheer:

In the very unlikely event that we are unable to place your child on a squad, GBJG will refund the sum of the base registration fee and any upfront, opt-out fundraiser amounts.

In the event that we are able or likely to place your child on a squad, yet you want to request a refund, you may submit such request in writing to the GBJG Board using the refund request form on the GBJG website. The GBJG Board will take action on such requests within 45 days of receiving the request. Such refund requests may be granted in circumstances where extenuating circumstances are shown.

While the GBJG Board reserves the exclusive right to determine the amount of the refund, it will generally follow the following guidelines in determining the amount of refunds where it decides that good cause or special circumstances exist:

- Request received after registration but before attending the Spring Tryout Clinic (learning days)
 - The tentative refund amount will be the sum of (a) the base registration fee, (b) tumbling fee and (c) any upfront, opt-out fundraiser amounts.
- Request received after the Tryout Clinic but before the actual try out and squad placement process at the end of Clinic week.



- The tentative refund amount will be the sum of (a) the base registration fee and (b) tumbling fee and (c) any upfront, opt-out fundraiser amounts, less the clinic fee, as determined from year to year.
- Request received after the squad placement process at the end of Clinic week but before the Uniform Fitting Event.
 - The tentative refund amount will be the sum of (a) 65% of the base registration fee, (b) 65% of the tumbling fee and (c) 65% of any upfront, opt-out fundraiser amounts, less the sum of (a) the clinic fee, as determined from year to year, and (b) a \$90 processing fee.
- Request received after the Uniform Fitting Event.
 - The tentative refund amount will be zero.

There will be a \$50 clinic fee for this season per cheer athlete.

If your child opts not to take part in the squad placement process (try outs) at the end of Clinic week, you must timely email the VP of Cheer or Board Member evidencing the timing of your decision. In the absence of such an email, the GBJG Board will assume that you requested a refund AFTER taking part in the squad placement process.

In general, the GBJG Board will not consider any refund requests submitted after the Uniform Fitting Event.



If the GBJG Board determines that the request is not supported by extenuating circumstances, the refund amount will be zero.

Uniforms and practice wear are not eligible for refunds.

Where approved, refunds will be issued within one (1) month of receiving back all equipment and other GBJG property (in good condition). The Board reserves the right to reduce the refund amount by any net unpaid balances.

Game Day

This is what we have all worked for, and game day is very exciting. Football weigh-in start at half-time of the previous game. Each football athlete needs to arrive at the game site no later than one-and-a-half (1 1/2) hours prior to the scheduled game time. Players who do arrive after their team has weighed in may not be allowed to weigh-in until half-time of their game and participate in the second half only, with a PAR requirement of half the normal PAR plays.

Cheerleaders are typically required to arrive 45 to 60 minutes prior to their scheduled game.

Player Allotment Rule (PAR): The league rules require that each certified player play a minimum of eight (8) plays per game if the roster is 26-35 players, and 10 plays per game if the roster is 25 or fewer players. The Mighty Mites PAR is 10 plays. An official play can include offensive or defensive scrimmage plays



or special teams plays such as punts, kick offs, etc. Each GBJG coaching staff will have one assistant coach specifically assigned to coordinate compliance with this rule (only dead ball penalty plays don't count). This GBJG assignment is in addition to the normal PAR monitors required by the SAC rules. It is the intent of each coach and GBJG to provide as much playing time as possible for each participant. Playing time is generally based on the player's ability to make a positive contribution to the team's efforts.

Smoking: Granite Bay High School and the other campuses we will be visiting are designated "Tobacco Free Environments." Therefore, it is asked that no one smoke on or around any school campus at which we may participate. It would also be appreciated if people refrained from smoking at or around the practice fields.

Drug & Alcohol Use is strictly forbidden at games, practices and other associated events and will not be tolerated.

****Anyone involved in such activities will be asked to leave.**

Food & Drink: Since the snack bar is a crucial source of revenue for all associations, it is asked that no one bring outside food or drink to games or competitions. Coolers will not be allowed into the Granite Bay High School stadium on game day. If you must bring your own food and drinks, it is asked that you enjoy



them outside the gated area of any game or competition.

Exception: coolers for players' and cheerleaders' game snack brought by one parent.

Off-Field Behavior: GBJG Coaches & Board of Directors are in regular communication with the Eureka Union School District. Any misbehavior by a Cheer or Football participant at school, or otherwise reported by Police or Parents, will be dealt with swiftly and firmly by GBJG, including single or multigame suspensions and/or expulsion from GBJG. In addition, the SAC may adopt a formal Conference rule regulating off field behavior & punishment at any time.

Health Insurance: Your family's health insurance will serve as the primary care coverage for the participant. In the event you do not have health insurance, GBJG have purchased secondary coverage with a \$250 deductible to be paid by the parents or guardian of the participant. Claim forms are available 21 from the GBJG Vice President. All medical claims should be filed in a timely manner.

Injuries: Any football or cheer-related injury, regardless of outward appearances, is taken seriously and will be addressed as such. Safety is our primary concern and extra care will be taken in dealing with any reported injury. We would also encourage participants to inform their coach of any injury immediately upon occurrence. Participants should not hide



injuries in order to facilitate more playing time. Any player or cheerleader sustaining an injury which requires a doctor's care will be required to provide a medical release from that doctor prior to further participation in games, practices or competition.

Board of Directors Participation: As a closed Corporation, the Granite Bay Jr. Grizzlies bylaws stipulate that the outgoing Board of Directors selects the new incoming Board of Directors and Head Football and Cheer Coaches for the next year. Any person interested in participating in this endeavor should forward a formal request in writing and your application will be taken to the Board for consideration.

Communication is extremely important to the success of any organization. If you have questions, comments or suggestions, please submit them to the Board. Complaints must be made in writing, signed, and addressed to the Board of Directors. The complainant may appear at the next regularly scheduled Board meeting if he or she wishes to do so. A written response will be forwarded after the next regular board meeting. The address for submission is 4120 Douglas Blvd. #306•99, Granite Bay, CA 95746, or you may submit the information via the Internet Web site at www.gbjrgrizzlies.org



GRANITE BAY JUNIOR GRIZZLIES

Social Media Policy

Granite Bay Junior Grizzlies (“GBJG”) recognizes the importance of the Internet in shaping the public’s perception of our organization. GBJG also recognizes the importance of our Board Members, sport coordinators, sport committee members, coaches, parents, and volunteers in leading and setting the tone of social media interactions in a manner that advances GBJG’s mission and goals.

Mission Statement

Junior Grizzly Football and Cheer are committed to excellence: motivating and challenging our athletes through a partnership of football players, cheerleaders, coaches, parents and community. Success for our athletes will be defined as the self-satisfaction in knowing they have done the best that they are capable of doing. Our program will always be about our athletes – we want to build them up at all times. We will create and nurture an atmosphere where our athletes understand that a positive attitude along with their best effort and hard work mixed with a little fun are the keys to success; there are no gimmicks or shortcuts.

Applicability



This Social Media Policy applies to all Board of Directors, sport coordinators, sport committee members, coaches, players/athletes parents, and volunteers (“GBJG Members”). This Social Media Policy applies to all social media content posted by GBJG Members in their professional and personal capacity to the extent such content is related to GBJG.

Aspirations

GBJG strives to create a positive and inclusive organization that is dedicated to helping young athletes reach their potential. In furtherance of this goal, GBJG aspires to engage members of Granite Bay and surrounding communities in positive, honest, transparent, and knowledgeable dialogue about GBJG through social media. GBJG views social media as an important tool for communicating its successes and opportunities for athletic and individual development. GBJG also views social media as a platform for receiving constructive feedback from the community and for discussing GBJG’s challenges and opportunities for improvement in a positive and constructive way.

Guidelines

All GBJG Members shall abide by the following guidelines when using social media:



Be positive and respectful, and always take the high road. When disagreeing with others' opinions, remain appropriate and polite. If you find yourself in a situation online that is becoming antagonistic, ask the GBJG Board of Directors or your sport coordinator for advice on how to disengage from the dialogue in a polite and respectful manner that reflects well on GBJG.

1. Do not post content that would harm GBJG or damage GBJG's reputation. Remember that even while you are on your own personal time, you are a representative of GBJG, and people may interpret your online postings or social interactions as though they were official GBJG statements.
2. Use good judgment when posting comments on any official GBJG sites. Bear in mind that your comments can create liability for GBJG. If you are unsure whether a comment is appropriate to post, either do not post it or obtain prior approval from the GBJG Board of Directors.
3. Be smart about what you publish. Once something is posted, it exists online forever. Ask yourself, "Would I want to see this published in the newspaper or posted on a billboard tomorrow or ten years from now?" If the answer is "no," do not post.
4. Encourage others to engage in positive interactions on social media. If you are concerned about any GBJG Member's use of social media, please bring your concerns



to the attention of your sport coordinator or a member of the GBJG Board of Directors.

5. Personally identifiable information (information, such as a name and date of birth and/or a street address which, when taken together, can identify a particular individual) should not be disclosed in any manner on official GBJG social networking sites without the approval of the sport coordinator or GBJG Board of Directors.

Violations of the Social Media Policy

The GBJG Board of Directors shall have the authority to monitor and enforce this Social Media Policy. The GBJG Board of Directors, and any individual appointed by the Board of Directors, shall have the authority to remove any inappropriate or offensive comments from official GBJG sites and to block any individual or organization from posting on any official GBJG social media platform if they determine, in their sole discretion, that such removal or block is in the best interests of GBJG.

The failure of any GBJG Member to adhere to this Social Media Policy shall be considered a violation of the GBJG Code of Conduct, and any GBJG Member who fails to adhere to this Social Media Policy shall be subject to disciplinary action, up to and including, termination of such individual's involvement in GBJG, in accordance with the GBJG's Disciplinary Procedures.



Granite Bay Junior Grizzlies Volunteer Hours Contract

I(We), _____, parent/guardian of ,
_____ have been informed of the volunteer hours by the Granite Bay Junior Grizzlies organization. By signing this form, I am agreeing and am aware of the following:

1. I am required to volunteer up to ten (10) hours per season.
2. I will be given the opportunity to sign up for my hours online during a designated time.
3. If I do NOT sign up for hours, they will be assigned for me.
4. When I arrive ON TIME for my shift, I will sign in for that shift.
5. It is my responsibility to find someone to switch or do my hours on a given day if I am not able to work my shift.
6. If there is a change, I will inform my Team Mom prior to the change.
7. If I do NOT complete my assigned shift/hours during a game, my son/daughter will NOT be allowed to participate in the first half of the following week's game.
8. If more than one volunteer shift is missed, my son and/or daughter will not be allowed to participate in the game the following week.
9. Parents/Guardians have the option to "buy out" of all Volunteer Hours for a flat fee.

I am aware that it takes a commitment from everyone to have a successful team and organization. The Granite Bay Junior Grizzlies appreciate your support for your child and the organization.

Parent Signature _____ Date _____

Parent Signature _____ Date _____

*Additional consequences of more than one missed volunteer shift are at the discretion of the GBJG Board and your son/daughter's coaching staff.